



SCCSA

RETURN TO PLAYING GUIDELINES

Updated 6th July 2020



COVIDSafe APP

Sunshine Coast Churches Soccer Association encourages all participants and volunteers with mobile phone access to download the COVIDSafe app, which assist in contract tracing.

The app can be downloaded from the Apple App store and Google Play



Introduction

The purpose of this Return to Playing Guidelines is to provide a plan for the implementation and management of procedures by Sunshine Coast Churches Soccer Association to support SCCSA Clubs and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Guidelines are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community.

Stage 1 of the Queensland Government's Return to Play Guide outlines that no indoor or outdoor formal organised individual or team community sport or training will be permitted. All SCCSA soccer activity therefore remains suspended until June 1.

Stage 2 commenced on June 1, non-contact activity will be permitted for up to 20 people and clubs may resume training sessions only as per these Return to Playing guidelines. From June 8, non-contact activity can be held with three groups of 20 on each competitive field with defined training areas.

Stage 3 will commence on July 3, contact activity will be permitted as per the Industry COVID Safe plan.

This document outlines the conditions that must be met through the COVID Safe Industry Plan for Field Sports.

SCCSA expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with these guidelines as amended from time to time;
- Comply with any testing and precautionary measures implemented by SCCSA;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.



Key Principles

Sunshine Coast Churches Soccer Association is following an approved Industry COVID safe plan and undertaking best practice as a COVID safe Association.

The Industry COVID Safe Plan for Field Sports, implements the return to playing conditions provided by the Australian Institute of Sport (AIS) Level B.

The Industry COVID Safe Plan for Field Sports can be found [here](#)

AIS Framework document can be found [here](#)



Queensland
Government



Stage 3- Industry Plan Summary

Contact

Full contact is permitted on the 'field of play' in line with pre-COVID contact activities. At all other times, participants, coaches, supervisors, officials, trainers, and spectators are to observe physical distancing requirements and undertake sound hygiene practices as detailed in the Industry Safe Plan.

Facility Capacity

The total number of people to attend training and competition is to be based on social distancing standard of one person per four square metres. Group segmentation and buffer zones will be used to limit co-mingling. Risks will also be managed through mandatory record keeping.

Facility Access

All elements of community sport, recreation, and fitness facilities to be accessible in line with relevant health guidelines and directives. Including revenue generation activities (i.e. canteens) to resume and use of all facilities as required for training and competition.

Clubs may choose for facilities to be fully accessible however must put in place systems to manage:

- * venue entry and exits (and separate where possible)
- * seamless flow of participants and attendees through the venue
- * overlap and congestion
- * physical distancing including line marking, bollards and indicators

Restrictions on facility access to limit and one as per stage 2 and in addition those who have travelled from a declared COVID-19 hotspot in the previous 14 days.

Clubs that provide a food and beverage service must adopt the Retail food service Industry COVID Safe

Events

Activities are to resume including championships, markets, carnivals and gala days. The total number of people allowed attend an event is to be based on social distancing standard of one person per four square metres. Whole of Government event principles are to be applied in addition to the measures to reduce co-mingling between groups.

Stadia

Strict social distancing measures and hygiene practices will remain central to COVID Safe Plans for stadia, in line with Public Health Directives. Crowd capacity will be up to 25,000 spectators or 50% of capacity (whichever is the lesser). Group segmentation and buffering measures will be used to reduce co-mingling. Public messaging will ensure that patrons are aware of all requirements during sporting events and concerts. COVID Safe Plans for stadia will address transport management for patrons travelling to and from venues, including alternatives to public transport.

Compliance with Industry Safe Plans

All activity is to be conducted in accordance with relevant Industry and Stadia COVID Safe Plans and Public Health Directives. This includes organisations detailing how all persons at the activity/facility will be tracked, and traced, including spectators.

Restrictions

You **must not attend** training or games if in the past 14 days you:

- ◇ Have been unwell or had any flu-like symptoms;
- ◇ Have been in contact with a known or suspected case of COVID-19 in the previous 14 days
- ◇ Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.
- ◇ Travelled internationally or from a declared COVID -19 Hotspot in the previous 14 days.

Those with any following symptoms are strongly encouraged to get tested:

- Cough
- Sore Throat
- Shortness of breath
- Runny nose
- Fever
- Loss of sense of smell or taste



Training / Games Can Resume

Training and games can commence once clubs have:

- ◇ Source written approval from the landowner of your facility e.g. Council, schools, etc
- ◇ Comply with any additional requirements imposed by the landowner
- ◇ Complete the Statement of Compliance and displayed at the venue
- ◇ May limit access to facilities/buildings within the venue (including change rooms and water fountains)
- ◇ Ensure the venue meets all conditions in this document including particularly hygiene and field marking
- ◇ Use of area segregation for activities (spectators area, canteen areas)
- ◇ Regular communications with members about training / games protocols included in this document, highlighting the information when not to attend training
- ◇ All club officials, coaches must have read and be familiar with these guidelines
- ◇ Provide training on COVID-19 infection control to volunteers responsible for the conduct of training or any other relevant activity. This can be obtained from [health.gov.au](https://www.health.gov.au)
- ◇ Entry is refused to those who attends training or games is known to fall in to restricted category explained on page 6
- ◇ Ensure that all players appropriately registered on SCCSA registration portal
- ◇ Recommend that a COVID Safe Coordinator is allocated to each session to be in charge of completing the cleaning requirements before the next group arrives.
- ◇ Clubs must follow the Industry Safe Plan for each area- Industry Plan for Field Sports and Industry Plan for Food Service.
- ◇ Adhere to the total number of people allowed attend an activity based on social distancing standard of one person per four square metres and limit the amount of co-mingling

A close-up photograph of a hand being washed under a running faucet. The hand is covered in thick, white, bubbly soap suds. Water is streaming from the faucet on the left side of the frame. The background is a plain, light-colored wall with some water droplets.

HYGIENE PROTOCOLS FOR A RETURN TO PLAYING

CLUBS

All clubs must ensure, in conjunction with the venue that:

- ◇ All surfaces, equipment and objects (including around entry points) are wiped down after each training and games with appropriate anti-bacterial /disinfectant wipes or soap, particularly those frequently touched – this includes door handles, light switches, phones, remote controls, pitch entry points and any other high touch areas as well as all equipment including balls
- ◇ Prominent signage (including at entry and exit points to be marked as such) around the venue advising members of the guidelines (Regular and thorough hand washing hand washing, social distancing, maximum numbers per zone)
- ◇ Signage is available [here](#)
- ◇ Hand sanitisers must be available for all teams training and games, with players encouraged to use prior, during and after training and games.
- ◇ Soap dispensers in toilets are regularly refilled
- ◇ Bins are provided around the venue and regularly emptied
- ◇ Toilet facilities are regularly cleaned with disinfectant - advice on cleaning is available from the Department of Health and Human Services
- ◇ Recommend that antibacterial wipes or disinfectant is provided for teams to use on equipment prior to and after trainings and games.

INDIVIDUALS

Those attending training and games must:

- ◇ Wash your hands often with soap and water for at least 20 seconds- if no soap and water are not available, use an alcohol based hand sanitiser.
- ◇ No spitting or clearing nasal passages at any time
- ◇ Not share drink bottles and clearly label their own bottle
- ◇ Not share fruit / food i.e. no half time oranges
- ◇ Take their training bib or any other items worn/used during training and games, home to wash individually
- ◇ No sharing of pens or clip boards, each volunteer must bring their own to venues.
- ◇ Carry hand sanitiser in order to enable good personal hygiene
- ◇ Avoid high fives and handshakes
- ◇ Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze and place tissues directly in bins
- ◇ Avoid touching eyes, nose or mouth
- ◇ Shower at home before and after training and games





ATTENDING TRAINING & GAMES

GET IN, PLAY, GET OUT

FROM July 3 2020

PROCEDURES

CLUBS / COACHES

The following conditions must be implemented:

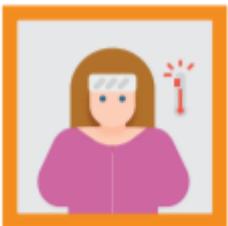
- ◇ Recommend that a COVID Safe Coordinator is allocated to each session to be in charge of completing the cleaning requirements before the next group arrives.
- ◇ Clubs may need to increase the number of COVID safe Officers to manage the additional requirements of stage 3 restrictions.
- ◇ Entry must be refused to any person who attends training or games who is known in the last 14 days to have (or had) symptoms, contact with a known/suspected case, or be at high risk
- ◇ Staggered training start times to minimise risk of congregation
- ◇ A gap of no less than 15 minutes in between scheduled training sessions to avoid congregation
- ◇ An accurate record of all attendees (including parents/ carers) for the purposes of contact tracing must be kept, including full name, registration number, phone number, date and time of attendance and confirmation whether they have downloaded COVIDSafe (Template found [here](#))
- ◇ No more than one person per four square metres
- ◇ At all times everyone is to observe physical distance requirements except on the field of play. This includes bench areas for players.



PROCEDURES

CLUBS / COACHES Cont'd

- ◇ Heading of the ball can take place
- ◇ Contact activity is only permitted on field during training and games
- ◇ Handling of equipment must be minimized
- ◇ Sharing of equipment must be minimised.
- ◇ No use of shared equipment that touches the head or face or cannot be effectively cleaned i.e. soft materials or clothing
- ◇ Adherence to the hygiene protocols in this document
- ◇ Regular breaks are to be provided for the purpose of rehydrating and hand sanitising
- ◇ No social activity is to occur once training or games has concluded
- ◇ Players must leave promptly in a staged approach
- ◇ Minimise the the risk of infection by implementing a Risk Management Strategy (template found [here](#))
- ◇ All normal safety protocols apply – including Child Safety requirements (WWCC)



**DO NOT
ATTEND
TRAINING OR
GAME IF YOU
ARE UNWELL**



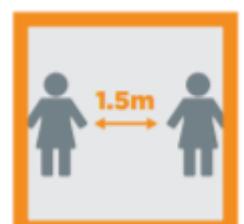
**WASH OR
SANITISE ANY
OFFICIATING
EQUIPMENT
BEFORE &
AFTER USE**



**PLACE HAND
ALCOHOL-BASED
SANITISER
AROUND THE
VENUE**



**AVOID
UNNECESSARY
BODY CONTACT.
NO HAND
SHAKES OR
HIGH FIVES**



**WHERE
POSSIBLE
MAINTAIN
SOCIAL
DISTANCING**

PROCEDURES

PLAYERS / PARENTS

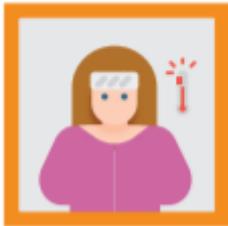
When attending training & games, the following conditions must be observed:

- ◇ You must not arrive more than 20 minutes prior to training or games commencing
- ◇ You must not congregate at the entry point
- ◇ You must arrive prepared to train or play
- ◇ You must bring your own drink bottles clearly labelled, No sharing of drink bottles is permitted
- ◇ No sharing of half time fruit / food
- ◇ You must follow the hygiene protocols in this document - regular breaks will be provided for the purpose of rehydrating and hand sanitising
- ◇ Physical distancing of 1.5 metres must be maintained off the field of play
- ◇ No more than 1 person per 4m²
- ◇ Heading of the ball can take place
- ◇ Contact activity is only permitted on field during training and games
- ◇ Handling of equipment must be minimized
- ◇ Sharing of equipment must be minimised. No use of shared equipment that touches the head or face or cannot be effectively cleaned i.e. soft materials or clothing

PROCEDURES

Players / Parents Cont'd

- ◇ You must have your attendance recorded with the coach / club official, this including whether you have downloaded COVIDSafe, for the purposes of contact tracing.
- ◇ If training bibs are used, you will be allocated a bib and you must take it home and wash it
- ◇ You must leave promptly in a staged approach



**DO NOT
ATTEND
TRAINING OR
GAME IF YOU
ARE UNWELL**



**ARRIVE AT
THE VENUE
READY TO
TRAIN**



**WASH OR
SANITISE
YOUR HANDS
BEFORE &
AFTER YOU
TRAIN**



**AVOID
UNNECESSARY
BODY CONTACT.
NO HAND
SHAKES OR
HIGH FIVES**



**WHERE
POSSIBLE
MAINTAIN
SOCIAL
DISTANCING**



**BRING ALL
PERSONAL
ITEMS TO
PARTICIPATE;
TOWEL
& DRINK
BOTTLE ETC.**



FIELD SET UP GUIDELINES

COVID SAFE PLAN

FIELD SET UP GUIDELINES

The field set up guidelines are intended to prevent the transmission of COVID-19 among SCCSA soccer community and the broader community.

STAGE 3: PLAYING SPACES

Outdoor fields can accommodate multiple playing spaces or zones and will be mitigated with no co-mingling between groups by meeting the following requirements:

- ◇ Defined training areas must maintain a base density requirement of 4 square metres per person and physical distancing (>1.5 metres)
- ◇ Each playing space must be clearly marked (cones, bollards, etc) and minimise the risk of balls moving into another zone.
- ◇ No group from one playing space can come into contact with a group of another playing space.
- ◇ Must not create unnecessary risk of people congregating

Management and segmentation of groups of participants through:

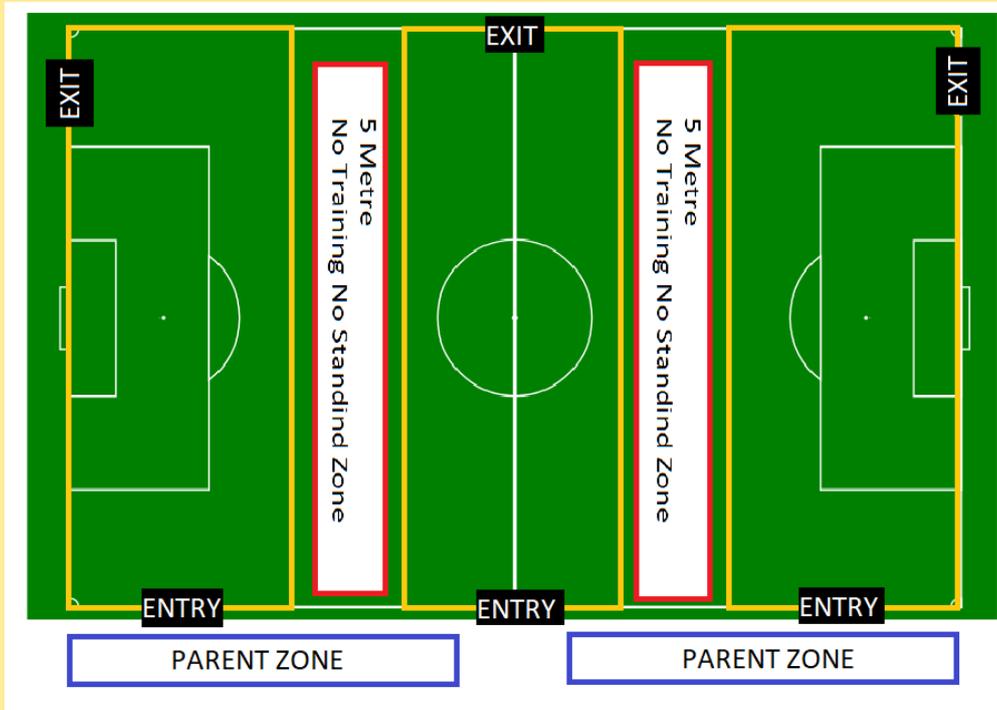
- ◇ Each playing space has a different entry and exit to other playing spaces
- ◇ At least 5 metres between playing spaces
- ◇ Separation whilst not in play
- ◇ Scheduling- staggered start and finish times, to eliminate group overlap

Implementation of strict hygiene and sanitisation measures including:

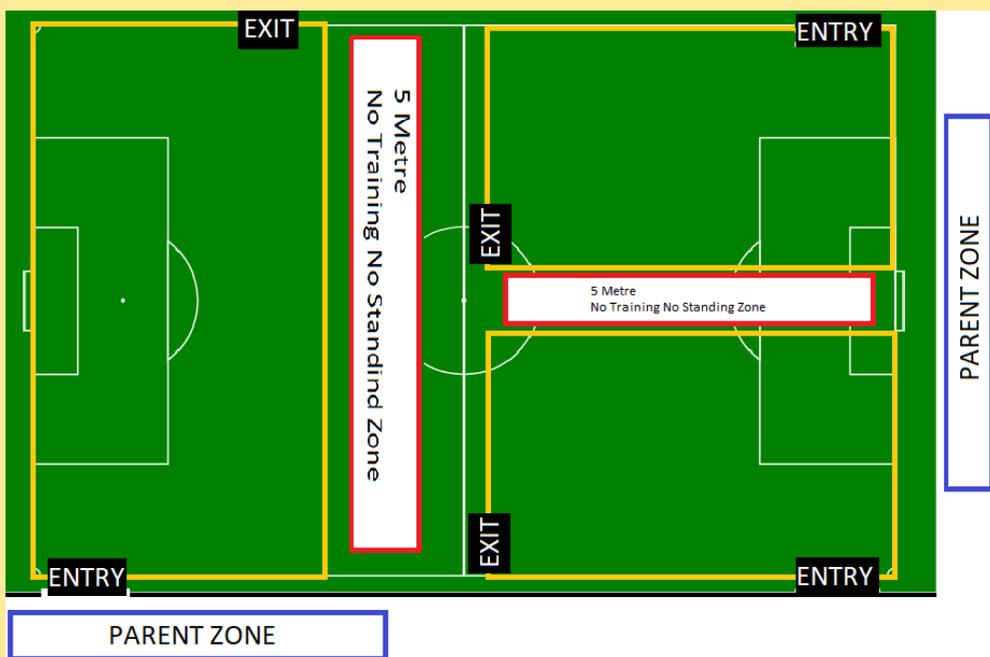
- ◇ Equipment cannot be shared between zones
- ◇ Hand sanitiser are available at the entry and exit of each zone
- ◇ High contact points with a playing space must be cleaned before another group can access

TRAINING SPACES

OPTION 1

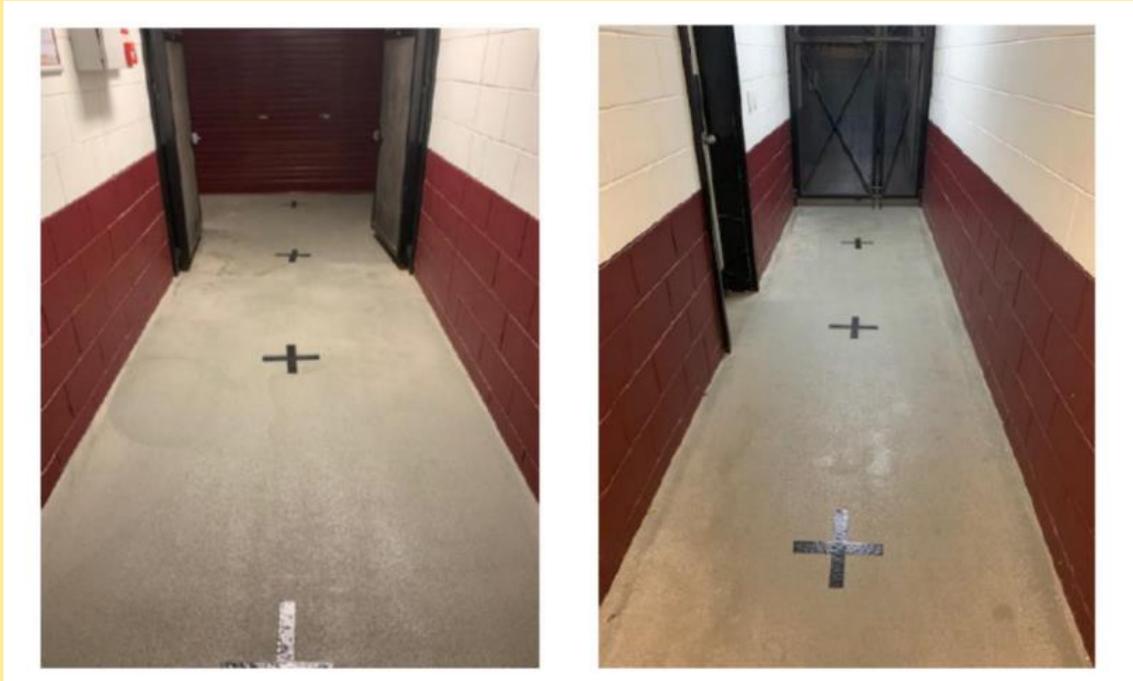


OPTION 2

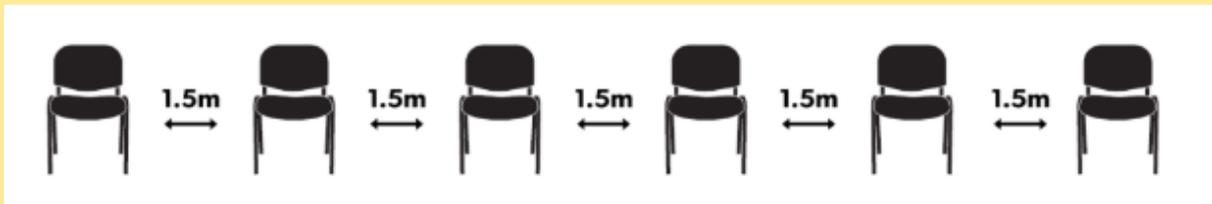
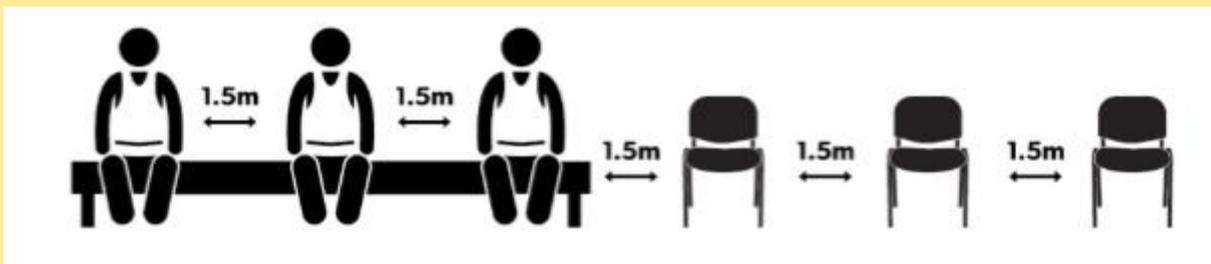


SOCIAL DISTANCING

MARKERS ON ENTRY / QUEUING



PLAYER BENCH AREAS



TRAINING SCHEDULE

EXAMPLE

Time	Entry Gate 1 – Southern Carpark		Entry Gate 2 Northern Carpark	
	Field 1 Zone 1	Field 1 Zone 2	Field 2 Zone 3	Field 2 Zone 4
Booking 1	4:00pm – 4:45pm	4:10pm – 4:55pm	4:05pm – 4:50pm	4:15pm – 5:00pm
Booking 2	5:00pm – 5:45pm	5:10pm – 5:55pm	5:05pm – 5:50pm	5:15pm – 6:00pm
Booking 3	6:00pm – 6:45pm	6:10pm – 6:55pm	6:05pm – 6:50pm	6:15pm – 7:00pm
Booking 4	7:00pm – 7:45pm	7:10pm – 7:55pm	7:05pm -7:50pm	7:15pm – 8:00pm

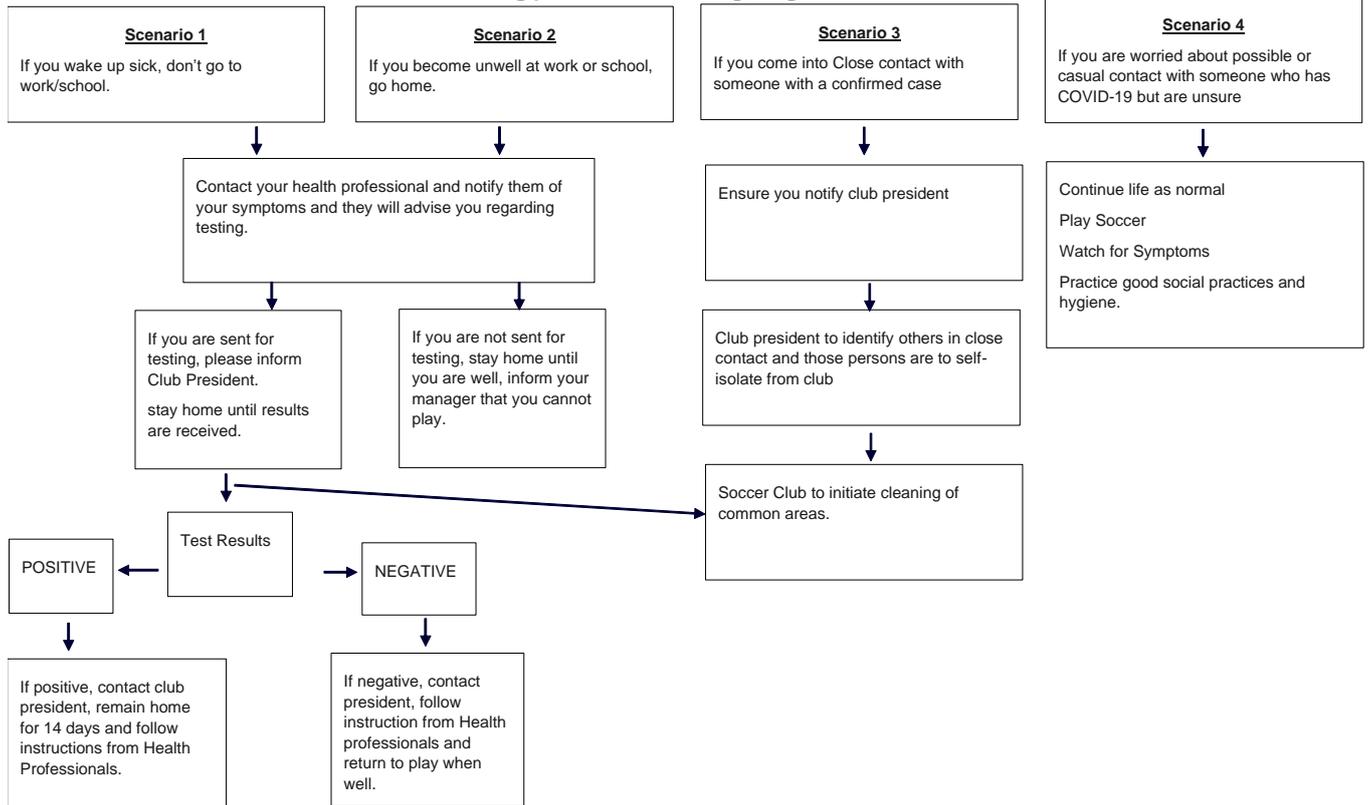
MANAGEMENT OF UNWELL PARTICIPANTS

- ◇ Self isolate at home if presenting symptoms
- ◇ Compare the symptoms of COVID-19 with the common cold and flu
- ◇ Anyone who is unwell or develops a fever, cough, sore throat, or shortness of breath, must contact a doctor or 13HEALTH.
- ◇ Liaise with public health authorities and facilitate the sharing of information about all symptomatic participants at an activity run by your organisation, subject to privacy law.
- ◇ Notify SCCSA and the Department Housing and Public Works (Sport and Recreation)
- ◇ Contact participants (refer to attendance register) if an attendee subsequently becomes unwell and provide advice on what actions should be taken if an outbreak does occur at your facility, the register will need to be provided to relevant authorities in a timely matter.
 - Minimum details to be collected include:
 1. Date of entry
 2. First Name and Surname
 3. Phone Number
 4. Time In
 5. Time Out
 6. Club & Team /group
- ◇ Communicate isolation and medical procedures for all players, members, volunteers and their families at the onset of any symptoms including venue facilities that can be used to manage symptomatic participants.
- ◇ Identify with clear and unambiguous signage, a space that can be used to isolate those that become unwell at an activity and cannot leave immediately. The isolation area should be equipped with necessary PPE supplies for hand hygiene and respiratory etiquette. (face masks and gloves)
- ◇ Ensure volunteers understand that those who become unwell should be immediately isolated and given a clean disposable facemask to wear. Establish procedures to help unwell members leave as soon as possible and added protection for activity volunteers.
- ◇ Train volunteers on treatment of symptomatic members and disinfecting the facilities.
- ◇ Confirm notification protocols for notifying public authorities and other attendees of symptomatic participants.

STRATEGY FOR MANAGING COVID 19

1 of 1

Strategy for managing Covid-19



Sunshine Coast Churches Soccer Association will continue to work with the State Government, Sunshine Coast Council, and other organisation, regarding the safe return of Soccer. This document will be amended in accordance with any future government directives and clubs are Expected to remain up to date with the latest advice.

Further information guides will be provided in line with government advice in the event of any further staged return to playing Soccer.

RESOURCES

[Queensland Government Return to Play Guide](#)

[Queensland Government Return to Play Readiness Checklist](#)

[Queensland Health Resources and Fact Sheets](#)

